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Jill Spivack



Jill Spivack

Co-Founder, Sleepy Planet at Sleepy Planet
Pacific Palisades, California · 432 connections



Sleepy Planet



University of Southern California

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Activity



With Mental Health Awareness Week just around the corner, there's lots of ways you can get people thinking and talking about their mental wellbeing....

Liked by Jill Spivack

Experience



Co-Founder, Sleepy Planet

Sleepy Planet



Co-Founder

Sleepy Planet Parenting

Dec 1999 - Present · 21 years 4 months



1991 - 1993

Licenses & Certifications



LCSW

Board Of Behavioral Sciences

Publications

The Sleepeasy Solution: The exhausted parent's guide to getting your child to sleep: Birth to Five Years

HCI · May 2007

Other authors



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Amy Copeland

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Barbara Zimmermann

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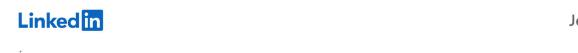


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